

# Broccoli Rice Pilaf

## Ingredients

- 1/4 cup Country Crock® Spread
- 1 small onion, chopped
- 1 clove garlic, chopped
- 1 cup uncooked instant rice
- 1 box (10 oz.) frozen chopped broccoli, thawed
- 1 cup fat free reduced sodium chicken broth

## Directions

**Total Time** 20 min

1. Melt Country Crock® Spread in 10-inch nonstick skillet over medium heat and cook onion, stirring occasionally, until crisp-tender, about 3 minutes. Stir in rice and garlic and cook, stirring frequently, 1 minute. Stir in broccoli and broth. Bring to a boil over high heat. Reduce heat to medium and cook covered, stirring occasionally, until rice is tender and liquid is absorbed about 5 min.